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AFRICAN HANDBALL CONFEDERATION**

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**HEALTH SPECIFICATIONS FOR THE ORGANIZATION  
OF THE CAHB COMPETITIONS  
DURING THE COVID-19 PANDEMIC**



## **INTRODUCTION**

These guidelines describe the minimum health measures which must be implemented to host an event during the COVID-19 pandemic.

They do not replace in no way the national recommendations which must be fully followed, as well as the number of persons allowed to gather together.

The instructions and requirements described in the this document will continuously be updated if necessary and each accredited person must totally comply with the respective policy or any council or additional instruction given by the local coordination and /or member of the medical commission, on the site.

For security reasons, all the accredited persons are invited to stay only in the official places of the event in order to avoid increasing the risk of contamination.

The health and security of all the participants (athletes, members of the Organizing Committee, officials, volunteers, service providers, media and spectators) in the events of CAHB, are the priority.

It is important for all the actors to respect the health protocol so that the competition can take place in the best possible conditions.

Thank you in advance to the organizers and to the medical services for their commitment in view of the success of the continental events.

# I. CAHB

## A. BEFORE THE COMPETITION

1. Create an AD-HOC Committee which is in charge of the management of the issues linked to the COVID-19, before and during the event.
2. Inform the designated persons in the event that it is important to reduce their movements/travels during the 2 weeks preceding their travel.
3. Inform the designated persons (referees, delegates, media, members of the Council/Executive Committee) that they must carry out a PCR COVID-19 negative test and send it to the Head office of CAHB (info@cahbonline.info), 5 days before the travel. The test carried out 3 days before will serve for the boarding in the country of origin.
4. Support all the PCR tests which carry fees, carried out by the designated persons.
5. Inform the participating delegations that their doctors must write and send to the Head office of CAHB (info@cahbonline.info), a general medical report, and join the results of the PCR COVID-19 negative tests, carried out 7 days before the travel. The test carried out 3 days before the travel will serve for the boarding, in their country of origin.
6. Inform the participating countries that the players and the supervisory and coaching staff must be in internship in a camp where contact with the external persons will strictly be limited, at least one (01) week before the travel.
7. Inform all the participants (CAHB and delegations) that they will be part of a **BUBBLE** in which any physical contact with external persons will **STRICTLY** be forbidden, under penalty of quarantine; the reintegration will be done only after presentation of two (02) negative tests within 48 hours.

8. Inform all the participating persons about all the AntiCOVID-19 arrangements put in place by the hosting country during their stay (48 hours quarantine at the hotel upon arrival, protective measures, frequent tests, transport, accommodation, food, security, playing hall...).
9. Appoint together with the hosting country, the COVID-19 officers (Chief COVID-19 Officer of the event, COVID-19 officers in each hotel).

## **B. DURING THE COMPETITION**

1. At least 2 days before the arrival of the participating delegations, ensure that all the COVID-19 facilities (Hotels, playing and training halls, transport, COVID officers...) are properly in place.
2. Organize daily meetings (CAHB COVID officer and other officers) and write a report to the attention of the Competition Management.
3. Make people respect the protective measures and physical distancing in any working place of CAHB (CAHB Secretariat, technical meeting, CAHB meetings and VIP lounge).
4. Prohibit handshaking and other physical contact between players and officials during the protocol of before and after matches.
5. Coordinate the activities linked to the COVID-19 (daily meetings, testing then report of the suspected or confirmed cases...).

## **II. HOSTING COUNTRY**

### **A. BEFORE THE COMPETITION**

1. Inform the hotels about the arrangements to make during the event (sanitizing gels, restaurant, meeting rooms, bedrooms,... ; temperature check at the entrance of the hotels and the restaurant, disinfection of the

rooms twice a week ; daily changing of linen, prohibition of visits in the rooms...).

2. Keep some rooms per hotel for the quarantine of the suspected cases ; the said rooms must be isolated from the rest of the delegations.
3. Ensure that buses are spacious for the physical distancing.
4. Install in the sport infrastructures a room for the COVID-19 suspected cases with the medical staff trained for that purpose ; a very spacious anti doping room ; some entry points different from exit points (or envisage alternation of the arrival and the departure of the delegations).
5. 02 COVID-19 officers must be available in each room for the disinfection of the spaces.

## **B. DURING THE COMPETITION**

### **Security**

1. Make people apply the rules on physical distancing in all spaces.
2. Prohibit the persons who do not belong to the delegations, to have access to the space reserved for the teams (hall, buses, hotels).
3. Make people respect the wearing of masks in the bleachers and other spaces out of the field.
4. Make people leave the playing field after each half time and after each match for disinfection operations.

### **Accommodation**

1. Ensure that COVID-19 quarantine rooms are available and operational at all times.
2. Ensure that rooms occupied by participants are regularly disinfected and linen changed.
3. Ensure that body temperature checks and hydro-alcoholic gel use are effective at the entrance to any hotel.

### **Transportation**

1. Organize the arrival and departure of participating delegations while taking into account time and space availability factors by facilitating border policing procedures and COVID tests at the airport.
2. Organize body temperature control and require the use of masks before access to any bus/car
3. Make arrangement to ensure that people on buses only occupy 50% of the vehicle's maximum capacity.
4. Ensure progressive team's arrival and departure at the hall and training sessions by establishing a fixed schedule.

### **COVID**

1. Facilitate RAPID COVID-19 tests, upon arrival at the airport, for all participants.
2. Organize and ensure that COVID-19 PCR Tests procedures are completed before the internment of the participants (domestic and foreign), at the expense of the organizer.
3. Organize participants' testing according to the following procedures: every 24 hours (Referees, players, coaching staff), every 48 hours (Delegates) and every 72 hours (Members of the Council/Executive Committee).
4. Facilitate COVID-19 PCR tests for participating countries 3 days before departure.
5. Make it easier to quarantine suspected COVID-19 cases. Oversee their confinement and cover all related cost if confirmed.
6. Designate COVID-19 officers for each hotel and venue.
7. Disinfect all the different spaces (floors and bleachers, changing rooms, etc.) after each halftime, between matches and at the end of the day.

### **Media, Press Room and Conference room**

Media accreditation must be prepared in advance

1. The accreditation of the media must be prepared in advance
2. Media representatives must go through the same process as the rest of the accredited groups.
3. Masks should always be worn in the press room, conference room, photo shoots and in the mixed zone.
4. Accredited media representatives must be limited, taking into account physical distance and available space
5. If an accredited person does not follow the procedures of prevention established for the COVID-19, the Chief COVID-19 officer will withdraw his accreditation and the said person will immediately leave the place.
6. Make arrangement for a large room for interviews.
7. Limit the time of interviews (5min/team) and the number of media with access (10 max).

### **Awards Ceremony and Medals**

1. All provisions relating to awards ceremonies and podium setting must be discussed and approved by CAHB
2. Handshakes and embraces are **not allowed** between medalists and/or the people handing out medals
3. Medals are presented on a platter by the representative of the Local Organizing Committee or another delegate. The athlete will put the medal around his or her neck.
4. A reduced number of medal presenter should be arranged for medal ceremonies.

### **Volunteers**

1. Volunteers must go through the same medical check-up and accreditation procedures as teams, officials and the media.
2. Organizers should set up a separate distribution system for volunteer accreditations.
3. Organizers should ensure that volunteers are informed of all hygiene measures and must always wear a mask while on the competition site.

### **III. PARTICIPATING COUNTRIES**

#### **A. BEFORE THE COMPETITION**

1. Perform quick tests before any gathering
2. Organize a gathering 1 to 2 weeks before the trip where contact with outsiders will be limited and where body temperature control for players and coaching staff will be carried out morning and evening.
3. Perform PCR tests seven days before travel, establish a medical report relating to it, and send the test results to CAHB. The test carried out 3 days before the travel will serve for the boarding, in their country of origin.
4. The delegation must include medical or paramedic personnel, with up-to-date knowledge of COVID-19, who will serve as a COVID-19 reference. His name will have to be sent to the competition Chief COVID-19 Officer (the person designated to answer and manage all COVID-19 related questions or issues).

#### **B. DURING THE COMPETITION**

1. Inform and comply with the host country's provisions for the detection, isolation of suspected cases and subsequent the treatment of COVID-19.

2. Avoid contact with people who are not involved in the organization of the competition (hotel, competition hall, transportation).
3. Respect social distancing measures and wear masks at all times, except during the match or during training.
4. Inform the Chief COVID-19 officer (designated by the organizer and CAHB) in case of suspected or confirmed cases.
5. Pay the test fee at the departure point of the host country.
6. Pay for flight change fees for confirmed cases whose return is deferred.
7. Require players to wear their jerseys and take their post-match shower at the Hotel.