Team\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Match \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ / \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Team Physician \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tel/Fax\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Please report:

# All injuries (traumatic and overuse) caused by handball regardless the consequences with respect to participation during training or match. The information provided is for medical and research purposes and will be treated confidentially.

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Player** | | **Time** | Location | | **Diagnosis** | | **Severity** | **Circumstances** | | **Consequences** | |
| **No.** | **Date of Birth** | **minute of match** | **injured body part** | **code** | **type of injury** | **code** | **absence in days** | **reason of**  **injury** | **code** | **referee´s sanction** | **treatment** |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
|  |  |  |  |  |  |  |  |  |  | yes 🞎  no 🞎 | yes 🞎  no 🞎 |
| **no injuries in this team 🞎** | | | | | | | | | | | |

# Location of injury

**Trunk**

1 Face (incl. eye, ear, nose)

2 Head

3 Neck / Cervical spine

4 Thoracic spine

5 Lumbar spine

6 Sternum / Ribs

7 Abdominal

8 Pelvis / Sacrum

**Upper extremity**

11 Shoulder / Collarbone

12 Upper Arm

13 Elbow

14 Forearm

15 Wrist

16 Hand

17 Finger

18 Thumb

**Lower extremity**

21 Hip

22 Groin

23 Thigh

24 Knee

25 Lower leg

26 Achilles tendon

27 Ankle

28 Foot

29 Toe

**Diagnosis**

1 Concussion with loss of consciousness

2 Concussion without loss of consciousness

3 Fracture

4 Dislocation

5 Muscle fibre rupture

6 Tendon rupture

7 Ligamentous rupture with instability

8 Ligamentous rupture without instability

9 Lesion of meniscus

10 Sprain

11 Strain

12 Contusion

13 Bursitis

14 Tendinitis

15 Laceration / Abrasion

16 Muscle cramp

17 Others

**Severity of injury in days**

Estimated duration of absence from training or play

for example: 0 = 0 days

1 = 1 day

2 = 2 days

7 = 1 week

14 = 2 weeks

21 = 3 weeks

>30 = more than 4 weeks

**Circumstances and Consequences**

1 Overstrain

2 Trauma caused by body contact with an opponent

3 Trauma without body contact with an opponent

4 Contact with the ball

5 Contact with an object (advertising board, etc.)

6 Rule 8 violation (Foul play by the opponent)

7 Playing court shortcoming